



BRAIN INSIGHTS
PSYCHOLOGICAL SOLUTIONS PC

PEERS® for Teens Social Skills Group



Who: Middle & High School Students
When: Tuesdays from 4:00-5:30pm (Middle School Group)
Wednesdays from 4:00-5:30pm (High School Group)
Cost: \$300 per week billed monthly
Where: Brain Insights Psychological Solutions
1910 Olympic Blvd, Ste 300
Walnut Creek, CA 94596
Starts: Fall 2025

Join our PEERS® for Teens Social Skills Group and help your teen build social confidence and lasting friendships!

- Participants attend 14 weekly group sessions where they are taught evidence-based social skills
- Skills are broken down into easily understood steps through didactic lessons, role-play demonstrations, and in-group practicing during socialization activities
- Parents attend separate sessions simultaneously to learn how to assist teens in making and keeping friends
- Teens will develop confidence in developing and maintaining friendships, two-way conversational skills, entering and exiting conversations, appropriately using humor, handling disagreements, being a good sport, navigating electronic communication, handling teasing and bullying, organizing get-togethers, and more
- Superbills available upon request

For more info: email dr.gibson@braininsights.net or call (925) 322-1020

LIMITED SPOTS AVAILABLE!